



NUTRITIONAL & ALLERGEN INFORMATION GUIDE

Royal Taj	Made Without Gluten*	Calories	Fat (g)	Trans Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugar(g)	Protein (g)	Contains Milk	Contains Peanuts	Contains Tree Nuts	Contains Wheat	Contains Gluten	Contains Sesame	Contains Soy	Contains Eggs	Contains Fish	Contains Shellfish	Vegan	Vegetarian	Halal Certified Meats
Protein																								
Butter Chicken	<input checked="" type="checkbox"/>	350	17	0	8	200	260	9	0	2	37	<input checked="" type="checkbox"/>												
Mild Curry Chicken	<input checked="" type="checkbox"/>	360	20	0	12	170	300	5	0	2	37	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>										
Paneer Tikka Masala	<input checked="" type="checkbox"/>	350	6	0	1	6	150	6	2	2	2	<input checked="" type="checkbox"/>											<input checked="" type="checkbox"/>	
Sides & Vegetables																								
Honey Ginger Glazed Carrots	<input checked="" type="checkbox"/>	80	4	0	2	10	350	12	3	1	8							<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>	
Roasted Cauliflower	<input checked="" type="checkbox"/>	80	6	0	1	6	150	6	2	2	2											<input checked="" type="checkbox"/>		
Basmati Rice	<input checked="" type="checkbox"/>	130	0	0	0	29	5	29	0	4	0											<input checked="" type="checkbox"/>		
Naan		200	5	0	1	8	480	32	2	6	2	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>							<input checked="" type="checkbox"/>	
Raita Yogurt Sauce	<input checked="" type="checkbox"/>	20	5	0	1	8	480	32	2	6	2	<input checked="" type="checkbox"/>							<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>	
Mango Sorbet	<input checked="" type="checkbox"/>	140	0	0	0	0	10	34	1	27	0											<input checked="" type="checkbox"/>		

If you have any food allergies or dietary restrictions, please speak with a member of our team. We are happy to assist and ensure your dining experience is safe and enjoyable.

Please note: Due to shared preparation and cooking areas in our kitchens and the risk of cross-contact, we cannot guarantee that any item is free of any allergen.

Nutritional information does not include additional condiments or ingredients.

*Made without gluten means the menu item is made with ingredients that do not contain gluten.

IMPORTANT: Foods prepared without gluten containing ingredients may not be 'gluten-free' since recipes are prepared in open kitchens where cross-contact is possible.